



Vale Park Preschool

Sun Protection Policy

At Vale Park Preschool the aim of the 'Sun Protection Policy' is to promote among children, educators and parents:

- Positive attitudes towards skin protection.
- Lifestyle practices which can help reduce the incidence of skin cancer and other skin injuries/damage.
- Personal responsibility for and decision making about skin protection.
- Raise awareness of the potential damage that exposure to the sun can cause, in particular between 10.00am to 3.00pm on appropriate days.

Implementation

This policy is for implementation in Terms 1 and 4 of each year. Outside of this time care should also be taken when the ultraviolet radiation level is 3 (moderate) and above.

The purpose of the policy is to ensure that all members of Vale Park Preschool are protected from skin damage caused by the harmful rays of the sun. It is an expectation that all educators, students, volunteers and parents of Vale Park Preschool will use the following skin protection strategies:

- Take care to protect the skin when the ultraviolet radiation level is 3 (moderate) and above. Extra care will be taken when UV radiation levels are highest.
- Whenever possible, all outdoor activities will be in the shaded areas of the service (under trees, pergolas and verandas).
- Tree planting will be organised at the service to maximise sun protection.
- Children, staff and parents will be expected to wear appropriate clothing which protects the skin. For example, a broad brimmed hat, legionnaire style hat or a bucket hat whenever they are involved in outside activities.
- Apply a broad-spectrum, water resistant sunscreen with an SPF of 30+ to clean, dry skin, 15-20 minutes before coming to preschool. Children will apply sunscreen before going outside before lunch with parent permission.
- Families of children that attend preschool all day, with specific sunscreen concerns will provide sunscreen for their children to wear.
- Reinforcing the Sun Smart message in all areas of the curriculum is an important strategy in the application of skin protection behaviours.
- Educators will be encouraged to role model appropriate Sun Smart strategies in all service activities.
- Skin cancer prevention will be included in appropriate teaching activities.
- Educators will be encouraged to keep up to date with new information and resources from Cancer Council SA.
- Policy issues will be discussed at staff and parent meetings.

This policy will be shared with all new educators and families, and available on the website and in the preschool policies folder.

The Educators and Governing Council will monitor, evaluate and review the effectiveness of the Sun Protection Policy.

This policy has been developed in consultation with the Governing Council, educators and families of the centre.

Sun Protection Policy cont.

This policy will be reviewed and evaluated regularly and modified as required to ensure continued relevance for the centre.

The Governing Council endorsed this policy on:

8th September 2016

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Chairperson

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Director

